



In My Heart

J.J. DANCERS

Choreografie: Maggie Gallagher
Type dans : 2 Wall Line Dance; Intermediate; 48 Counts
Muziek : Shane Filan - Knee Deep in my Heart
Bron : CK

Intro: 8 counts start on vocals

S1: POINT & POINT & CROSS BACK HEEL & CROSS, KICK & CROSS BACK HEEL

- 1&2 Point right toe across left, Step right next to left, Point left toe across right
- &3&4 Step left next to right, Cross right over left, Step back on left, Tap right heel forward on right diagonal
- &5-6 Step right next to left, Cross left over right, Kick right forward on right diagonal
- &7&8 Step right next to left, Cross left over right, Step back on right, Tap left heel forward on left diagonal

S2: & CROSS, 1/4 BACK, 1/2 SHUFFLE R, STEP TURN STEP, FULL TURN

- &1-2 Step left next to right, Cross right over left, 1/4 right stepping back left
- 3&4 1/4 right stepping right to right side, Step left next to right, 1/4 right stepping forward right [9:00]
- 5&6 Step forward left, 1/2 pivot right, Step forward left [3:00]
- 7-8 1/2 left stepping back on right, 1/2 left stepping forward left

S3: RIGHT LOCK STEP, LEFT LOCK STEP, TOUCH, BALL WALK, KICK R, CROSS BACK SIDE, FWD L

- 1&2 Step forward right, Lock left behind right, Step forward right [3:00]
- &3&4 Step forward left, Lock right behind left, Step forward left, Touch right next to left
- &5-6 Ball step right slightly back, Walk forward on left onto right diagonal [4:30], Kick right forward on right diagonal
- &7&8 Cross right over left, Step back on left, Step right to right side, Step forward left [4:30]

S4: STEP R, 1/2 PIVOT L, 3/8 L, BEHIND SIDE CROSS & BEHIND SIDE, STEP L, TOUCH

- 1-2-3 Step forward on right, 1/2 pivot left [10:30], 3/8 left stepping right to right side [06:00]
- 4&5 Cross left behind right, Step right to right side, Cross left over right
- &6& Step right to right side, Cross left behind right, Step right to right side
- 7-8 Take big step to left side, Touch right next to left [06:00]

S5: 1/4 R, STEP L, 1/2 PIVOT R, 1/4 R BALL CROSS, BALL CROSS, 1/4 L, STEP R, 1/2 PIVOT L, 1/4 L

- 1-2 1/4 right stepping forward right, Step forward left [9:00]
- 3&4 1/2 pivot right, 1/4 right stepping ball of left next to right, Cross right over left [6:00]
- &5-6 Step left to left side,* Cross right over left, 1/4 left stepping forward left [3:00] *Restart here Wall 5
- 7&8 Step forward right, 1/2 pivot left, 1/4 left stepping right to right side [6:00]

S6: BEHIND, SIDE, STEP, CROSS, BACK, SIDE, CROSS & HEEL &

- 1-2 Cross left behind right, Step right to right side
- 3-4 Step forward on left, Cross right over left
- 5-6 Step back on left, Step right to right side
- 7&8& Cross left over right, Step back on right, Tap left heel forward on left diagonal, Step left next to right

RESTART: Wall 5 after counts 36&, Restart dance facing 6:00

ENDING:

Wall 7, after 16 counts (full turn left) turn a 1/4 left stepping right to right side to finish the dance facing front wall